

The Next Level Leadership Development for Women

Introduction

Consulting Women's **powerful** and **intensive** Next Level programme is designed to help women take the next **significant step** in their careers. For over **twelve years**, women from diverse backgrounds have been strengthened to reach their next level, and to succeed in **career**, **strategic** or **operational leadership**, through attending our programme.

2020 Spring Programme City of London

26/27 March 29 April 5 June

Booking and enquiries info@consultingwomen.co.uk

Our programme design principles ensure success:

- A small group of women, maximum 6, working with two experienced facilitators, within agreed boundaries of confidentiality
- Commencing with two full days, back to back, with two further days, one in each of the following 2 months allowing time for practice and growth back in the work place between group sessions
- A core focus on understanding and developing each individual's inherent strengths and discovering how they can be targeted to achieve their next level
- Group work designed to ensure that each participant focuses on their individual challenge/question, with the group giving active support
- Light airy and private accommodation overlooking the heart of the City of London.

"I would recommend the programme wholeheartedly and Gill and Moira in particular, who both have a knack at getting to the heart of an issue very quickly. Their warmth and support is an integral part of the programme"

Sara Charman, Entrepreneur and previously first female Executive Director MGM Assurance

"The women I have supported in attending this programme have returned to work as very different, confident people – able to overcome obstacles, realise their potential and transform their contribution to their team"

Former IT business partner PwC

How you will achieve your Next Level

The Next Level programme helps you build your inherent **strengths** (unlike most development processes, which focus on "gaps"), and your **political or systemic intelligence**. Strengthened in this way, you can free yourself to achieve your true **goals**. We combine a range of **proven methodologies** and **practical processes** specifically designed to help you achieve your Next Level and, where relevant, meet the needs of your **organisation**. After completing the programme you will have:

- A growing awareness of your strengths and how you can skilfully achieve your goals
- The ability to see other's strengths and inspire them to bring them alive in your business or organisation
- Confidence to navigate many of the cultural and political factors at work in your environment
- Connection to a purposeful network of other women with similar challenges

"A programme to help you find out who you really are and to help you **get to where you want to be**. A programme for developing strengths and not areas of weaknesses - who wants to develop those? **This is a powerful course delivered in safe hands**" participant 2013: NHS

What can I expect from The Next Level?

Phase 1 Growing Awareness

This is an intensive two-day seminar that introduces practical tools and techniques relevant to **your goals and questions** and your work.

This phase will typically help you answer the following types of question:

- What is my Next Level and how can I create this?
- What are my unique strengths and how do I use them?
- What are the dynamics of my business context and how do I use my strengths more effectively within it?

Phase 2 Going Within and Transforming

The focus of this day is on reflection, exploration and deepening your learning from the first phase, and individual time, with group support, to practice new ways of working.

Phase 3 **Deepening Strengths**

This final day focuses on the practical achievement of your Next Level by answering questions such as:

- How am I achieving my Next Level now and in the future?
- How do I recognise and listen for strengths in others?

What might I achieve from joining the Next Level?

Our **alumni** attribute the following **business, career and personal achievements** directly to their participation in the Next Level -

- Board appointment and a role to lead a company-wide change programme
- Surviving and thriving in very difficult city conditions
- Resolving conflict and improving board relationships
- Personal and team success through diagnosing business "culture cycles" and positioning for success during times of threat
- Transitioning from being perceived as a technical expert to being a leader of business-wide decision making
- Renewing confidence before return to work
- Identifying career goals and using strengths and courage to achieve them
- Finding a new equilibrium between personal, professional & family life demands

What will employers get from the Next Level?

Sponsoring managers have observed Next Level alumni to bring:

- Confidence, skilful and inspiring leadership
- Renewed commitment resulting in the retention of valued staff
- Energy and enthusiasm to their business and future
- A flow of new ideas and connections with individuals and organisations

"I continue to be astonished at what emerges. I enjoyed the programme so much and it has been enormously useful to me. The combination of skills that you both bring is powerful and enlightening"

Jackie Ashley former Director of Change Unipart Expert Practices

Consulting Women's Next Level programme is now in its **twelfth successful year**, and has inspired elements of other prestigious leadership programmes.

Next Level alumni include leaders from:

BBC, British Council, BP, Capco, Deutsche Bank, Eon, ICAEW, IRM, MGM Advantage, PwC, Taylor Wessing, Warwick Business School.

About Consulting Women

Consulting Women are **experienced business leaders** committed to providing inspirational results for their clients through in-house team development, open programmes, coaching and mentoring. **Innovative** in finding ways to support each person and organisation in the achievement of their unique Next Level, we **surface and release the talent** of each participant. When appropriate we can meet with participants' **sponsors** prior to the programme to ensure all parties achieve their goals.

Consulting People. In addit

Gill Avery MBA(LBS), BA Hons is co-founder of Consulting Women and Consulting People. In addition to leadership development and team facilitation, Gill offers coaching and mentoring, particularly for people in transition. Her experiences as line manager, internal consultant and leader of an organisational change practice inform her consulting and intervention design. Believing in the benefits of true diversity, she, with Moira, co-designed and delivered part of the ICAEW's flagship Women in Leadership Programme.



Moira Siddons FCA is a former partner at PWC and experienced NED of Regulatory Industries. Moira spent 30 years with PwC, including 13 years as a partner. She served eight years as a non-executive director and chairman of the audit committee of a mutual life assurance company and from 2004 to 2012 sat as an independent member on an OFGEM regulated panel. She is a co-founder of Consulting Women bringing strengths based leadership development to women, and is a coach and mentor to directors and senior managers.